



north west  
regional college  
Derry-Londonderry • Limavady • Strabane

# FROM HERE TO CAREER

Community Courses  
**2024-25**



Boost Your  
Employability  
with courses designed  
to support career  
progression

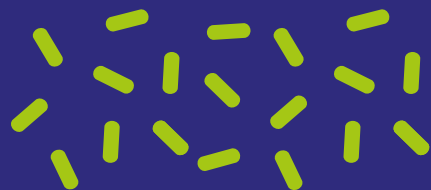
# Contents

Welcome	02
About North West Regional College	03
How to Enrol	04
Fees	04
Reduced Fees (Concessionary)	05
Essential Skills	06
Vocational Courses Explained	07
Find Your Course	10
Derry-Londonderry (Cityside)	11
Derry-Londonderry (Waterside)	14
Limavady	22
Strabane	30
What Next?	38
Progression Pathway	42
We Love Being Social	46
Contact Us	48





# Principal's Welcome



## Our 2024/25 community course guide profiles our outreach provision on offer through our community partners in venues throughout the North West.

At North West Regional College we strive to provide quality education and training for everyone.

Many of the courses we offer provide the knowledge and skills you need to develop your career, while others will give you the chance to learn a new skill, meet new friends and enjoy a rewarding learning experience.

This Guide profiles the wide range of courses we offer in partnership with communities and organisations throughout the region - learning that is truly on your doorstep.

Our dedicated and experienced teaching and support staff will ensure your study is enjoyable, and help you to find the course that suits you best.

We look forward to welcoming you to your chosen course, and I wish you every success with your learning.

**Leo Murphy**  
*Principal and Chief Executive*

## About North West Regional College

**North West Regional College is one of Northern Ireland's leading providers of further and higher education and skills training.**

The College has five campuses based across Derry~Londonderry, Limavady, and Strabane. We boast modern, industry standard learning environments, at which thousands of students achieve their personal educational goals, through Full and Part-Time study every year.

### Learning on your doorstep

At NWRC we are passionate about delivering courses that make a difference, that bring communities together and help you take the next step towards the career and life you want.

Our passionate Community Outreach Team co-ordinate a range of training programmes and short courses to the local community, to help ensure there are opportunities for everyone to gain the right skills to succeed.

Contact your local centre to find out more about the courses on offer.



# How to Enrol

## Enrolment details are available by contacting the community centres listed in this guide.

If you require further information on enrolment please contact:

### Curriculum Manager for Business and Community Education

Catriona Sweeney  
Tel (028) 7127 6140 / Mob 075 2738 9282

### Derry-Londonderry courses

**Cityside:** John Hueston, (028) 7127 6146

**Waterside:** Clair Barton, (028) 7127 6505

### Limavady courses

Diane Nicholl, (028) 7127 8760

### Strabane courses

Clare McCrossan, (028) 7127 8831

If you find that the course you wish to undertake is not listed, please contact us.

You can also contact any of our main campuses directly.

Visit [nwrc.ac.uk/our-campuses](http://nwrc.ac.uk/our-campuses) for details.

## Fees

- Classes operate on the understanding that sufficient numbers are registered.
- Fees are non-refundable except where a class is cancelled.
- In addition to the tuition fee there may also be examination or registration fees and material costs.
- Tuition, exam and material fees must be paid on enrolment.

## Refunds / Credit

- Fees will be refunded in full if the College cancels a course.
- If you are unable to continue with your course for medical reasons then a refund may be allowed. Please note, in this case a £10 administration fee may be payable.
- If you owe fees to the College from a previous enrolment you will be unable to enrol on any College course until all outstanding fees are paid in full.

Visit [nwrc.ac.uk/apply](http://nwrc.ac.uk/apply) to view answers to our Frequently Asked Questions.

## Reduced Fees (Concessionary)

We offer reduced tuition fees for some of our community courses. These apply to individuals who are claiming benefits, and if you qualify for a reduced tuition fee you **MUST** provide the necessary evidence given below at the time of enrolment, (i.e. current letter or date of birth) OR a completed Authorisation Form signed by your local benefits office - To obtain a copy contact our Admissions office on 028 7127 6000 or download from [nwrc.ac.uk/parttime](http://nwrc.ac.uk/parttime).

To request a TC602 form contact HM Revenue & Customs Helpline, 0845 300 3900 (8am-8pm).

**Please note: Only the evidence below can be accepted to avail of a reduced fee.**

People Entitled to Reduced Fees	Evidence Required
<ul style="list-style-type: none"> <li>• Over 19 years of age on 1st July of current academic year who are in full-time Further or Higher Education</li> </ul>	Current Student Card or Letter from School/College and appropriate fee.
<ul style="list-style-type: none"> <li>• Aged 16 or above, and under 19 years of age on 1st July of current academic year</li> </ul>	Birth Certificate or Passport and appropriate fee.
<ul style="list-style-type: none"> <li>• <b>Working Tax Credit</b> Total single income (16-29 hours) £11,048 Total single income (30 hours) - £12,980 Total joint income (30 hours) - £17,787</li> </ul>	<p>A current TC602 form stating Working Tax Credit and total income shown and appropriate fee.</p> <p><i>Please note, a provisional TC602 form is not accepted as evidence for a reduced fee.</i></p>
<ul style="list-style-type: none"> <li>• Aged 60 Years and over and in receipt of one of the benefits opposite.</li> </ul>	A current letter (dated within the last three months) stating that you are in receipt of Pension Credit or in receipt of relief under the new Rates Relief Scheme.
<ul style="list-style-type: none"> <li>• Income Support (or dependent spouse/partner)</li> <li>• <b>Income Based</b> Jobseekers Allowance (or dependent spouse/partner)</li> <li>• <b>Income Based</b> Employment Support Allowance</li> </ul>	A current letter (dated within the last three months) from your Benefit Office stating that you are in receipt of benefit; OR have the Authorisation form completed and authorised with appropriate fee.
<ul style="list-style-type: none"> <li>• Universal Credit - The Working Tax Credit income threshold will apply to those in receipt of Universal Credit and who are working</li> </ul>	A current statement / print out (within last three months) of your Universal Credit Statement.
<ul style="list-style-type: none"> <li>• Carer's Allowance*</li> <li>• One Parent Family Payment*</li> <li>• Widow's or Widower's (Non-Contributory) Pension*</li> <li>• Jobseekers Allowance / Unemployment Assistance*</li> <li>• Pre-Retirement Allowance (PRETA)*</li> <li>• Disability Allowance*</li> <li>• Supplementary Welfare Allowance*</li> </ul>	A current letter (dated within the last three months) from the Department of Social and Family Affairs stating that you are in receipt of benefit; OR have the Authorisation Form completed and authorised with appropriate fee enclosed.
<ul style="list-style-type: none"> <li>• State Pension (Non-Contributory)*</li> </ul>	Letter (dated within the last three months) from Pensions Office and appropriate fee.

\*Applies to ROI students only



For more information visit:  
[www.nwrc.ac.uk](http://www.nwrc.ac.uk)

**Enrol Today!**

# Essential Skills



## The ability to read, write and count are essential skills and knowledge you need to operate effectively in everyday life and at work.

Achieving the Essential Skills qualification in Literacy and Numeracy is the first step towards gaining a GCSE qualification. Courses range from Entry Level to Level 1 / Level 2, so there is a course to suit everyone. Before the course begins, the tutors who are experienced in working with adults will identify the level that best meets your needs.

This will enable you to start at an appropriate level and pace, build skills and progress towards your full potential. Students undertake a range of interesting practical activities on every day topics, for example health, customer care, shopping or buying a car. Courses lead to nationally recognised qualifications.

### No Tuition Fees

Essential Skills courses are **100% FREE** and offered at a number of convenient locations throughout the North West.



### Contact us

For enquiries on our Essential Skills programmes visit [nwrc.ac.uk/essential-skills](http://nwrc.ac.uk/essential-skills) or contact a member of the Community Team for your area:

#### Curriculum Manager, Business and Community Education

Catriona Sweeney  
Tel (028) 7127 6140 / Mob 075 2738 9282

#### Derry-Londonderry courses

Cityside: John Hueston, (028) 7127 6146  
Waterside: Clair Barton, (028) 7127 6505

#### Limavady courses

Diane Nicholl, (028) 7127 8760

#### Strabane courses

Clare McCrossan, (028) 7127 8831

**NOTE:** There may be occasions when the College will be unable to run some courses due to an insufficient number of enrolled students. Therefore students may be referred to another course option available at an alternative venue.

## Vocational Courses Explained

See below some examples of the accredited courses we provide which will lead to a qualification. Tuition / examination fee information is listed within the relevant centre. For more information please contact a member of our Community Team.

### City & Guilds Level 2 Award in Food Safety in Catering

This course will provide learners with the knowledge, understanding and the skills required to operate in a catering, manufacturing or retail setting where food is prepared, cooked and handled.

**Course Duration:** 12 Hours

### CACHE Level 2 Introduction to Autism Spectrum Conditions

This level 2 unit provides an introductory awareness on autistic spectrum conditions. It provides learners with key areas of knowledge and explores important themes such as individuality, communication, behaviour and person centred support.

**Course Duration:** 12 Hours

### OCN Level 3 Award in Working with Children & Young People with Special Needs

This qualification is targeted at individuals who wish to pursue a career in the area of working with children and young people with special needs or those requiring further training in this area.

**Course Duration:** 30 Hours

### CPCAB Level 2 Award in Introduction to Counselling Skills

This course is designed for learners who want to learn initial counselling skills to help others – either in a voluntary or an employed situation and who want to find out more about this field.

**Course Duration:** 36 Hours

### OCN NI Level 2 Award in Volunteering Skills

This qualification is aimed at those who perform volunteering activities for a range of reasons including developing their own employability and personal development skills. This qualification is assessed by means of a portfolio of evidence/coursework.

**Course Duration:** 14 Hours

### Safecert Emergency First Aid at Work and Defibrillation Training

This course provides an accredited first aider in the workplace qualification. This First Aid accredited qualification is suitable for organisations with up to 50 staff where the environment is considered low-hazard e.g. offices, sports clubs, shops etc. Contains training on defibrillators.

**Course Duration:** 10 Hours



## Introduction to Sign Language

This course will provide you with a basic understanding of BSL and the language conventions to enable you to interact and communicate with a sign language user.

**Course Duration:** 20 Hours

## City & Guilds Level 1 Award in Styling, Plaiting & Twisting

The Award in Plaiting and Twisting is suitable for those with no previous experience to learn new techniques in hair for up-styles. This qualification will provide you with new skills in hair to use at home for children.

**Course Duration:** 20 Hours

## City & Guilds Level 2 Award in Make-up

This Award in make-up is suitable for those with no previous experience. This qualification will provide you with the basic knowledge of make-up application and how to maintain effective health, safety and hygiene practices.

**Course Duration:** 50 Hours

## City & Guilds Level 2 Award in Nail Art

This qualification will provide you with the basic knowledge of caring for the skin and nail. It will also provide you with the health and safety procedures throughout the treatment.

**Course Duration:** 40 Hours

## City & Guilds Level 1 Computerised Accounts

The aim of this qualification is to enable learners to operate computerised accounts software to carry out routine accounting tasks.

These will include being able to create accounts, process accounting information in respect of the sales and purchase ledger, understanding how to use batch control sheets and being able to produce accounting reports such as trial balance, customer activity reports and supplier details reports.

While an understanding of bookkeeping or accounts is preferred it is not essential, however learners would need to have good IT and keyboarding skills.

**Course Duration:** 30 Hours



# Find Your Course



## Derry~Londonderry (Cityside)

Name	Contact
BHCP Neighbourhood Renewal Partnership	028 7137 7422
Cathedral Youth Club	028 7126 0483
Creggan Pre School Training Trust	028 7126 7060
Culmore Community Hub	028 7116 3713
Gallagh Women's Group	028 7135 6092
Greater Shantallow Area Partnership - Clon Dara	028 7135 8787
Greater Shantallow Area Partnership	028 7135 8787
The Women's Centre	028 7126 7672



North West Regional College contact:  
**John Hueston, (028) 7127 6146**





## BHCP Neighbourhood Renewal Partnership

(including Dunluce Family Centre and Glen Development Initiative)

**Contact/Phone:** Roxanne. (028) 7127 1977 (Ballymagroarty Hazelbank Community Partnership)

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
OCN NI Level 1 Award in Infant Mental Health	2	6	£30	£30	£29
OCN NI Level 2 Award in Introduction to Mindfulness and Reducing Anxiety in Children	2	6	£30	£30	£29
CACHE Level 2 Understanding Autism Spectrum Conditions	3	4	£30	£30	£17

## Cathedral Youth Club

Centre for Learning and Development, 96-98 The Fountain, Derry~Londonderry

**Contact/Phone:** Jeanette Warke, (028) 7126 0483

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
City & Guilds Start IT	2	23	FREE	FREE	-
OCN NI Level 2 Award in Bakery and Patisserie Techniques	3	8	£39	£30	£29

## Creggan Pre School and Training Trust

13A Cromore Gardens, Creggan, Derry~Londonderry

**Contact/Phone:** Louise McIntyre, (028) 7126 7060

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
Essential Skills Literacy	2	27	FREE	FREE	-
Essential Skills Numeracy	2	27	FREE	FREE	-
OPCAB Level 2 Award in Introduction to Counselling Skills	3	12	£58	£30	£58
OCN NI Level 2 Award in Understanding Mental Health and Wellbeing	3	8	£39	£30	£29



For more information visit:  
[www.nwrc.ac.uk](http://www.nwrc.ac.uk)

**Enrol Today!**

## Culmore Community Hub

Culmore, Derry Londonderry, BT48 8TY

**Contact/Phone:** Una Cooper, (028) 7116 3713

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
Safecert Emergency First Aid at Work and Defibrillation Training	2	5	£30	£30	£12
OCN NI Level 2 Award in Volunteering Skills	2	7	£30	£30	£29

## Galliagh Womens Group

63 Galliagh Park, Derry~Londonderry, BT48 8JT

**Contact/Phone:** Rosie Doherty, (028) 7135 6092

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
Essential Skills Literacy	2	27	FREE	FREE	-

## Greater Shantallow Area Partnership - Clon Dara

67-67A Clon Dara Skeoge, Derry~Londonderry, BT48 8TY

**Contact/Phone:** Nicola Mullan, (028) 7135 8787

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
Essential Skills Literacy	2	27	FREE	FREE	-
Essential Skills Numeracy	2	27	FREE	FREE	-

## Greater Shantallow Area Partnership

Northside Village Centre Glengalligh Road Derry~Londonderry, BT48 8NN

**Contact/ Phone:** Tina Toland, (028) 7135 8787

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
Essential Skills Literacy	2	27	FREE	FREE	-
Essential Skills Numeracy	2	27	FREE	FREE	-





## Financial Support

available to fund your studies

## Derry~Londonderry (Waterside)

Name	Contact
Caw / Nelson Drive Action Group	028 7131 8100
Diamond Centre, Claudy	028 7133 8005
Lettershandoney District and Development Group	028 7187 6434
Lincoln Courts Youth and Community Association	028 7134 1353
Newbuildings Community & Environmental Association	028 7131 2252
St. Colmcille's Primary School and Nursery Unit, Claudy	028 7133 8419
Strathfoyle Women's Activity Group	028 7186 0733
The Vale Centre, Greysteel	028 7181 2253
Waterside Neighbourhood Partnership	028 7134 2959
Waterside Women's Centre	028 7134 1579



North West Regional College contact:  
**Clair Barton, (028) 7127 6505**



## Caw / Nelson Drive Action Group

Crescent Community & Cultural Centre, 205 - 211 Sperrin Park, Waterside, Derry~Londonderry

**Contact / Phone:** Linda Watson, (028) 7131 8100

**Email:** info@cndag.co.uk

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
Essential Skills Literacy	2	27	FREE	FREE	-
Essential Skills Numeracy	2	27	FREE	FREE	-
OCN NI Level 2 Award in Managing Challenging Behaviour in Children and Young People	2	6	£30	£30	£29
OCN NI Level 2 Award in Infant and Child Mental Health and its Impact on Social and Emotional Development	2	6	£30	£30	£29
Introduction to Sign Language	2	10	£32	£30	£25
CACHE Level 2 Unit in Understanding Autism Spectrum Conditions	3	4	£30	£30	£17
City & Guilds Level 1 Unit in Nail Art and Make-Up	2	20	£64	£30	£30
Courses funded by Step Up	3	4	FREE	FREE	-

## Diamond Centre

630 Barnailt Road, Claudy, Derry~Londonderry, BT47 4EA

**Contact / Phone:** Shay Clyde, (028) 7133 8005

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
City & Guilds Level 1 Unit in Introduction to Plaiting and Twisting	2	10	£32	£30	£25
Safecert Level 3 Emergency First Aid at Work (Inc. Defibrillation)	2.5	4	£30	£30	£12
City & Guilds Level 1 Unit in Nail Art and Make-Up	2	20	£64	£30	£30
City & Guilds Level 2 Award in Food Safety in Catering	2	6	£30	£30	£16
OCN NI Level 2 Bakery and Patisserie Techniques	3	8	£39	£30	£29
Courses funded by Step Up	2	6	FREE	FREE	-

## Lettershandoney District and Development Group

Mullabuoy Community Centre, Lettershandoney, BT47 3HZ

**Contact / Phone:** (028) 7187 6434

**Email:** info@lettershandoney.com or stephen@lettershandoney.com

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
Courses funded by Step Up such as Horticulture, Indian Head Massage, Makeup and Nail Art	2	6	FREE	FREE	-

## Lincoln Courts Youth and Community Association

Lincoln Courts Community Centre, 186A Lincoln Courts, Derry~Londonderry, BT47 5NX

**Contact / Phone:** Glenda or Don, (028) 7134 1353

**Email:** lincoln.courts@yahoo.com

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
City & Guilds Start IT	2	23	FREE	FREE	-
Introduction to Sign Language	2	10	£32	£30	£25
Courses funded by Step Up such as Cookery, Makeup, Nail Art and Plaiting and Twisting	2	6	FREE	FREE	-

## Newbuildings Community and Environmental Association

4 Duncastle Rd, Newbuildings, BT47 2QS

**Contact / Phone:** Louise Thompson, (028) 7131 2252

**Email:** newbuildingscommunity@gmail.com

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
OCN NI Level 2 Award in Managing Challenging Behaviour in Children and Young People	2	6	£30	£30	£29
OCN NI Level 2 Award in Introduction to Mindfulness and Reducing Anxiety in Children	2	6	£30	£30	£29
CACHE Level 2 Unit in Understanding Autism Spectrum Conditions	3	4	£30	£30	£17
City & Guilds Level 1 Unit in Nail Art and Make-Up	2	20	£64	£30	£30
Safecert Level 3 Emergency First Aid at Work and Defibrillation Training	2.5	4	£30	£30	£12
City & Guilds Level 2 Award in Food Safety in Catering	2	6	£30	£30	£16
Courses funded by Step Up such as Home Maintenance, Makeup, Nail Art and Plaiting and Twisting	2	6	FREE	FREE	-



## St.Colmcille's Primary School and Nursery Unit

23 Main St., Claudy, BT47 4HR

Contact / Phone: Marie, (028)7133 8419

Email: mconway806@stcolmcilles.claudy.ni.sch.uk

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
OCN NI Level 3 Award in Reducing Anxiety and using a Mindfulness Approach with Children and Young People	2	6	£30	£30	£29

## Strathfoyle Women's Activity Group

12 Bawnmore Place, Strathfoyle, BT47 6XP

Contact / Phone: Denise Goodwin, (028) 7186 0733

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
Safecert Level 3 Emergency First Aid at Work and Defibrillation Training	2.5	4	£30	£30	£29
Courses funded by Step Up such as Makeup, Nail Art, Personal Development, Cookery, Indian Head Massage and Horticulture	2	6	FREE	FREE	-

## The Vale Centre

Clooney Road, Greysteel, BT47 3GE

Contact / Phone: Kerry, (028) 7181 2253

Email: kerry@thevalecentre.co.uk

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
OCN NI Level 3 Award in Working with Children and Young People with Special Needs	2.5	12	£48	£30	£33
Safecert Level 3 Emergency First Aid at Work and Defibrillation Training	2.5	4	£30	£30	£12
CACHE Level 2 Understanding Autism Spectrum Conditions	3	4	£30	£30	£17
City & Guilds Level 1 Award in Practical Horticulture Skills	2	20	£64	£30	£37



For more information visit:  
[www.nwrc.ac.uk](http://www.nwrc.ac.uk)

**Enrol Today!**

## Waterside Neighbourhood Partnership

Waterside - Taking place in Centres throughout the Waterside

Contact / Phone: (028) 7134 2959

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
Essential Skills Literacy	2	27	FREE	FREE	-
Essential Skills Numeracy	2	27	FREE	FREE	-
C&G Level 2 Award in Food Safety in Catering	2	6	£30	£30	£16
OCN NI Level 2 Award in Managing Challenging Behaviour in Children and Young People	2	6	£30	£30	£29
OCN NI Level 2 Award in Infant and Child Mental Health and it's Impact on Social and Emotional Development	2	6	£30	£30	£29
C&G Level 2 Unit in Make-up	2.5	20	£80	£30	£30
C&G Level 2 Unit in Nail Art	2	20	£64	£30	£30
CACHE Level 2 Unit in Understanding Autism Spectrum Conditions	3	4	£30	£30	£17
OCN NI Level 2 Award in Introduction to Mindfulness and Reducing Anxiety in Children	2	6	£30	£30	£29
CPCAB Level 2 Award in Introduction to Counselling Skills	3	12	£58	£30	£58



**Waterside Women's Centre**  
 170 Spencer Road, Waterside, BT47 6AH  
 Contact / Phone: Rosemary, (028) 7134 1579  
 Email: info@watersidewomen.net

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
Essential Skills Literacy	2	27	FREE	FREE	-
Essential Skills Numeracy	2	27	FREE	FREE	-
OCN Level 3 Award in Connecting the Importance of Infant Mental Health to Lifelong Development	2.5	6	£48	£30	£29
OCN NI Level 2 Award in Infant and Child Mental Health and it's Impact on Social and Emotional Development	2	6	£30	£30	£29
Introduction to Sign Language	2	10	£32	£30	£25
OCN Level 3 Award in Holistic Health and Complementary Approaches	2	7	£30	£30	£29
Indian Head Massage (Step Up funded course)	2	6	FREE	FREE	-



94%  
 of students agree  
 their course has improved  
 their career prospects\*  
 \*NSS (2023)







# Limavady

Name	Contact
Benedy Community Association	028 7774 2423
Bovalley Community Association	028 7776 7195
Coolessan Community Association	078 7490 5128
Dromboughil Community Association	028 7774 1247
Feeny Community Association	028 7778 1876
Glens Community Association	028 7772 9046
Glenshane Community Development	028 7774 2494
Hands That Talk	028 7774 2776
Magilligan Community Association	028 7775 0803
Roe Valley Residents Association	028 7776 9996
West Bann Development	028 7032 7859

 North West Regional College contact:  
**Diane Nicholl, (028) 7127 8760**



## Benedy Community Association

72 Corrick Road, Dungiven, BT47 4SG

**Contact / Phone:** Sabina O'Kane, 07742217929 / (028) 7774 2423

**Email:** benedy.farm@btconnect.com

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
OCN NI Level 2 Award in Introduction to Mindfulness and Reducing Anxiety in Children	2	6	£30	£30	£29
Safecert Emergency First Aid and Defibrillation Training	2	5	£30	£30	£12
Introduction to Hair Plaiting – Step Up	TBC	TBC	FREE	FREE	-
Introduction to Makeup – Step Up	TBC	TBC	FREE	FREE	-

## Bovalley Community Association

82 Drumachose Park, Limavady, BT49 0NZ

**Contact / Phone:** Hazel Brooks, (028) 7776 7195

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
Essential Skills Literacy	2	27	FREE	FREE	-
Essential Skills Numeracy	2	27	FREE	FREE	-
City & Guilds Level 2 Award in Food Safety	2	6	£30	£30	£15
OCN NI Level 2 Award in Volunteering Skills	2	7	£30	£30	£29
OCN NI Level 2 in Managing Challenging Behaviour in Children and Young People	2	6	£30	£30	£29
OCN NI Level 3 Award in Reducing Anxiety and Using Mindfulness Approach with Children and Young People	2	6	£30	£30	£29
OCN NI Level 3 Award in Connecting the Importance of Infant Mental Health to Lifelong Development	2.5	12	£48	£30	£29
CPCAB Level 2 Award in Introduction to Counselling Skills	3	12	£58	£30	£58
OCN NI Level 2 in Induction into Adult Social Care in NI	3	24	£116	£30	£76
Safe cert Emergency First Aid at Work and Defibrillation Training	2	5	£30	£30	£12

## Bovalley Community Association (continued)

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
Introduction to Sign Language	2	10	£32	£30	£25
CACHE Level 2 Unit in Understanding Autism Spectrum Conditions	3	4	£30	£30	£17
OCN NI Level 2 Award in the Principles of Cognitive Behavioural Therapy	3	5	£30	£30	£33
OCN NI Level 3 in Introduction to Phlebotomy	4	5	£32	£30	£40
YMCA Level 1 in Employability and Personal Development	2	20	£64	£30	£32
City & Guilds Level 2 Award in Barista Skills	3	8	£39	£30	£44
City & Guilds Level 2 Award in the Principles of Customer Service	2.5	4	£30	£30	£25
CPCAB Level 2 Award in Introduction to Counselling Skills	3	12	£58	£30	£58
Introduction to Sign Language	2	10	£32	£30	£25
OCN NI Level 2 Unit in Painting Methods and Appropriation	2	12	£39	£30	£33

## Coollessan Community Association

82 Drumachose Park, Limavady, BT49 0NZ

**Contact / Phone:** Sheila McWilliams, 078 7490 5128

**Email:** cool\_ca@outlook.com

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
Essential Skills Literacy	2	27	FREE	FREE	-
Essential Skills Numeracy	2	27	FREE	FREE	-



For more information visit:  
[www.nwrc.ac.uk](http://www.nwrc.ac.uk)

**Enrol Today!**



## Dromboughil Community Resource Centre

36 Magheramore Road, Dungiven, BT47 4SW

**Contact / Phone:** Aileen O'Neill, (028) 7774 1247

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
OCN NI Level 2 Award in Introduction to Mindfulness and Reducing Anxiety in Children	2	6	£30	£30	£29
OCN NI Level 3 Award in Holistic Health and Complementary Approaches	2	7	£30	£30	£29

## Feeny Community Association

49 Main Street, Feeny, Derry~Londonderry, BT47 3TD

**Contact / Phone:** Karen Kerlin, (028) 7778 1876

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
CPCAB Level 2 Award in Introduction to Counselling Skills	3	12	£58	£30	£58
OCN NI Level 2 Award in Understanding Mental Health and Wellbeing	3	8	£39	£30	£29
City & Guilds Level 1 Unit in Nail Art and Makeup	2	20	£64	£30	£30
Introduction to Sign Language	2	10	£32	£30	£25

## Glens Community Association

4/5 Glenlea Park, Limavady, BT49 0RR

**Contact / Phone:** Tina McCloskey, (028) 7772 9046 | **Email:** theglens@live.co.uk

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
Essential Skills Numeracy	2	27	FREE	FREE	-
Essential Skills Literacy	2	27	FREE	FREE	-
Essential Skills ICT	2	27	FREE	FREE	-
CACHE Level 2 Understanding Autism Spectrum Conditions	3	4	£30	£30	£16
City & Guilds Level 2 Award in Food Safety in Catering	2	6	£30	£30	£14
Safecert Emergency First Aid at Work and Defibrillation Training	2	5	£30	£30	£12
OCN NI Level 2 Award in Bakery and Patisserie Techniques	3	8	£39	£30	£29
CSR	1 day	-	£100	-	-
Introduction to Horticulture – Step Up	TBC	TBC	FREE	FREE	-

## Glenshane Community Development

Glenshane House, 114 Main Street, Dungiven, BT47 4LG

**Contact / Phone:** Mary Brolly, (028) 7774 2494

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
Essential Skills Numeracy	2	27	FREE	FREE	-
City & Guilds Start IT	2	23	FREE	FREE	-
BTEC Level 3 Award in Dementia Awareness	2	16	£52	£30	£48
Safecert Emergency First Aid at Work and Defibrillation Training	2	5	£30	£30	£12
OCN NI Level 3 Award Working with Children and Young People with Special Needs	2.5	12	£48	£30	£33
City & Guilds Level 2 Award in Food Safety in Catering	2	6	£30	£30	£14
CACHE Level 2 Understanding Autism Spectrum Conditions	3	4	£30	£30	£17
OCN NI Level 3 Award in Holistic Health and Complimentary Approaches	2	7	£30	£30	£29
OCN NI Level 2 Award in Introduction to Mindfulness and Reducing Anxiety in Children	2	6	£30	£30	£29
OCN NI Level 2 Award in Managing Challenging Behaviour in Children	2	6	£30	£30	£29
City & Guilds Level 1 Unit in Nail Art and Make-Up	2	20	£64	£30	£30
City & Guilds Level 1 Unit in Plaiting and Twisting Hair	2	10	£32	£30	£25
City & Guilds Level 1 Award in Computerised Accounts Using Sage	2	15	£48	£30	£34

## Hands That Talk

116 Main Street, Dungiven, BT47 4LD

**Contact / Phone:** Ann Owens, (028) 7774 2776

**Email:** info@handsthattalk.co.uk

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
British Sign Language Level 1	2	32	£103	£41.20	£91

## Magilligan Community Association

394 Seacoast Road, Bellerena, Limavady, BT49 0LA

Contact / Phone: Christine Deeney, (028) 7775 0803

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
Safecert Emergency First Aid at Work and Defibrillation Training	2	5	£30	£30	£12
CACHE Level 2 Understanding Autism Spectrum Conditions	3	4	£30	£30	£17

## Roe Valley Residents Association

13-14 Keady Way, Limavady, BT49 0AU

Contact / Phone: Catherine Butcher, (028) 7776 9996

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
Essential Skills Numeracy	2	27	FREE	FREE	-
Essential Skills Literacy	2	27	FREE	FREE	-
City & Guilds Level 2 Award in Food Safety in Catering	2	6	£30	£30	£15
OCN NI Level 2 Award in Bakery and Patisserie Techniques	3	8	£39	£30	£29
CPCAB Level 2 Award in Introduction Sign Language	2	10	£32	£30	£25
OCN NI Level 2 Award in Mental Health and Wellbeing	3	8	£39	£30	£29
OCN NI Introduction to Phlebotomy	4	5	£32	£30	£40
City & Guilds Level 1 Unit in Plaiting and Twisting Hair	2	10	£32	£30	£25
OCN NI Level 1 Unit in Nail Art and Makeup	2	20	£64	£30	£30



For more information visit:  
[www.nwrc.ac.uk](http://www.nwrc.ac.uk)

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## West Bann Development

8-10 Killowen Crescent, Coleraine, BT51 3TP

Contact / Phone: Sylvia or Julie, (028) 7032 7859

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
Essential Skills Numeracy	2	27	FREE	FREE	-
Essential Skills ICT	2	27	FREE	FREE	-
Manual Bookkeeping and Accounts	2	15	£48	£30	£40
City & Guilds Level 1 Award in Computerised Accounts Using Sage	2	15	£48	£30	£34
City & Guilds Level 2 Award in Computerised Accounts Using Sage	2	15	£48	£30	£34
OCN NI Level 2 Award in Digital Marketing	2	24	£77	£30	£39
City & Guilds Level 2 Award in Food Safety in Catering	2	6	£30	£30	£15
City & Guilds Level 2 Award in the Principles of Customer Service	2.5	4	£30	£30	£25
City & Guilds Level 2 Unit in Makeup	2.5	20	£80	£30	£30
OCN NI Level 2 Award in Managing Challenging Behaviour in Children and Young People	2	6	£30	£30	£29
OCN NI Level 2 Award in Introduction to Learning through Forest Schools	2	6	£30	£30	£29
OCN NI Level 2 Award in understanding Infant Mental Health and its Impact on the Development of Children	2	6	£30	£30	£29
OCN NI Level 3 Award in Working with Children and Young People with Special Needs	2.5	12	£48	£30	£33
CPCAB Level 2 Award in introduction to Counselling Skills	3	12	£58	£30	£58
OCN NI Level 2 Award in Dementia Awareness	3	5	£52	£30	£48
Safecert Emergency First Aid at Work and Defibrillation Training	2	5	£30	£30	£12
Introduction to Sign Language	2	10	£32	£30	£25
OCN NI Introduction to Phlebotomy	4	5	£32	£30	£40
OCN NI Level 2 Award in Interior Unit Design Ideas and Trends	2	12	£39	£30	£33





# Strabane

(inc Artigarvan, Aughabrack, Castlederg, Newtonstewart, Plumbridge and Sion Mills)

Name	Contact
Aughabrack and District Community Association	AughabrackCommunityHall@gmail.com
Churchtown Community Association	(028) 8167 0652
Clady Cross Community Development Association	cladycrosscommunity@gmail.com
Derg Valley Care	(028) 8167 0764
Fountain Street Community Development Association	(028) 7188 5100
Glenelly Development Trust	078 6408 1551
Lisnafin/Ardnalee/Trust Community Association	(028) 7188 0658
Melmount Community Forum	admin@melmountcommunityforum.org
Newtownstewart Centre 2000	(028) 8166 2555
Sion Mills Community Association	sionmillscommunity@gmail.com
Strabane AYE (Access Youth Engagement)	(028) 7188 0023
Strabane Community Unemployed Group	(028) 7138 3927
Strabane Community Unemployed Group – Digital Hub	(028) 7138 3927
Strabane Ethnic Community Association	(028) 7188 6419

North West Regional College contact:  
**Clare McCrossan, (028) 7127 8831**



## Aughabrack and District Community Association

253 Lisnaragh Road, Dunnamanagh, Strabane, BT82 0SD

Email: aughabrackcommunityhall@gmail.com

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
Essential Skills Literacy	2	27	FREE	FREE	-
Essential Skills Numeracy	2	27	FREE	FREE	-
City & Guilds Level 1 Award in Practical Horticulture Skills	2	20	£64	£30	£37
City & Guilds Start IT	2	23	FREE	FREE	-

## Churchtown Community Association

48 Lurganbuoy Road, Castlederg, BT81 7JT

Contact / Phone: Anita McGarvey, (028) 8167 0652

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
Essential Skills Literacy	2	27	FREE	FREE	-
Essential Skills Numeracy	2	27	FREE	FREE	-
City & Guilds Level 1 Award in Practical Horticulture Skills	2	20	£64	£30	£37
Introduction to Sign Language	2	10	£32	£30	£25

## Clady Cross Community Development Association

157 Urney Road, Strabane, BT82 9RP

Contact/Email: Barry Lafferty, cladycrosscommunity@gmail.com

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
City & Guilds Level 1 Unit in Nail Art and Make-Up	2	20	£64	£30	£30
City & Guilds Level 1 Award in Practical Horticulture Skills	2	20	£64	£30	£37



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[www.nwrc.ac.uk](http://www.nwrc.ac.uk)

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## Derg Valley Care

5-7 Parkview Road, Castlederg, BT81 7BN

Contact / Phone: Kate Duffy, (028) 8167 0764

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
Essential Skills Literacy	2	27	FREE	FREE	-
Essential Skills ICT	2	27	FREE	FREE	-
City & Guilds Start IT	2	23	FREE	FREE	-
City & Guilds Level 2 Award in Food Safety in Catering	2	6	£30	£30	£16
Highfield Level 2 Award in Food Allergen Awareness and Control	2	5	£30	£30	£11
Safecert Level 2 Health and Safety at Work	2	4	£30	£30	£11
OCN NI Level 1 Award in Dementia Awareness	3	5	£30	£30	£29
OCN Level 2 Award in Understanding Mental Health and Well-being	3	8	£39	£30	£29
City & Guilds Level 2 Unit in Nail Art	2	20	£64	£30	£30
City & Guilds Level 2 Unit in Make-Up	2.5	20	£80	£30	£30
City & Guilds Level 1 Unit in Nail Art and Make-Up	2	20	£64	£30	£30
OCN NI Level 2 Award in Managing Challenging Behaviour in Children and Young People	2	6	£30	£30	£29
OCN NI Level 2 Award in Introduction to Mindfulness and Reducing Anxiety in Children	2	6	£30	£30	£29

## Fountain Street Community Development Association

41 Fountain Street, Strabane BT82 8JG

Contact / Phone: Mary Deery, (028) 7188 5100

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
Essential Skills ICT	2	27	FREE	FREE	-
OCN NI Level 2 Award in Managing Challenging Behaviour in Children and Young People	2	6	£30	£30	£29
OCN NI Level 2 Award in Digital Marketing	2	24	£77	£30	£39
YMCA Level 1 Award in Fitness and Physical Activity	2.5	28	£112	£45	£15

**Glenelly Development Trust**  
**11a Glenelly House, Plumbridge, BT79 8AA**  
**Contact / Phone:** Bronagh, 078 6408 1551

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
OCN NI Level 2 Award Understanding Mental Health and Wellbeing	3	8	£39	£30	£29
OCN NI Level 2 Award in Principles of Cognitive Behavioural Therapy	3	5	£30	£30	£33
OCN NI Level 3 Award in Working with Children and Young People with Special Needs	2.5	12	£48	£30	£33

**Lisnafin / Ardnalee / Trust Community Centre**  
**105 Lisnafin Park, Strabane, BT82 9DG**  
**Contact / Phone:** Damien Gavigan, (028) 7188 0658

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
OCN NI Level 2 Award in Managing Challenging Behaviour in Children and Young People	2	6	£30	£30	£29
OCN NI Level 2 Award in Introduction to Mindfulness and Reducing Anxiety in Children	2	6	£30	£30	£29
OCN NI Level 3 Award in Working with Children and Young People with Special Needs	2.5	12	£48	£30	£33
OCN NI Level 1 Award in Dementia Awareness	3	5	£30	£30	£29
Introduction to Sign Language	2	10	£32	£30	£25
CACHE Level 2 Unit in Understanding Autism Spectrum Conditions	3	4	£30	£30	£17
OCN Level 2 Award in Understanding Mental Health and Well-being	3	8	£39	£30	£29



**Melmount Community Forum**  
**318A Ballycolman Estate, Strabane, BT82 9EH**  
**Contact / Email:** Ivan or Brenda, admin@melmountcommunityforum.org

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
OCN NI Level 1 Award in Dementia Awareness	3	5	£30	£30	£29
City & Guilds Level 2 Award in Awareness in End of Life Care	2	4	£30	£30	£44
OCN Level 2 Nutrition for Health and Sports Performance	2	20	£64	£30	£31
OCN NI Level 3 Award in Introduction to Phlebotomy	4	5	£32	£30	£40

**Newtownstewart Centre 2000**  
**17 Moyle Road, Newtownstewart, BT78 4AP**  
**Contact / Phone:** Irene, (028) 8166 2555

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
Essential Skills Literacy	2	27	FREE	FREE	-
Essential Skills Numeracy	2	27	FREE	FREE	-
OCN NI Level 2 Award in Understanding Mental Health and Wellbeing	3	8	£39	£30	£29

**Sion Mills Community Association**  
**2 Garden Road, Sion Mills, BT82 OEB**  
**Contact / Email:** Elaine Griffin, sionmillscommunity@gmail.com

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
City & Guilds Start IT	2	23	FREE	FREE	-
Essential Skills Literacy	2	27	FREE	FREE	-



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[www.nwrc.ac.uk](http://www.nwrc.ac.uk)

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## Strabane Access Youth Engagement

39 Bowling Green, Strabane, BT82 8BW

Contact / Phone: Paul Gallagher (028) 7188 0023

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
OCN NI Level 2 Award in Managing Challenging Behaviour in Children and Young People	2	6	£30	£30	£29
Safecert Level 2 Award in Health and Safety at Work	2	4	£30	£30	£11
City & Guilds Level 2 Award in Food Safety in Catering	2	6	£30	£30	£14
OCN NI Level 2 Award in Understanding Mental Health and Wellbeing	3	8	£39	£30	£29

**Please note:** Courses will be established through the year as only those who are participants of the Strabane A.Y.E Scheme avail of the provision. To find out further information on the scheme or courses relating to the scheme, please contact the above number.

## Strabane Community Unemployed Group (SCUG)

Unit 8, Upper Main Street, Strabane, BT82 8AR

Contact / Phone: Perpetula Foley, (028) 7138 3927

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
Essential Skills Literacy (Daytime)	2	27	FREE	FREE	-
Essential Skills Numeracy (Daytime)	2	27	FREE	FREE	-
City & Guilds Start IT (Daytime)	2	23	FREE	FREE	-
OCN NI Level 1 Award in Office Skills	2	30	£96	£40	£33
OCN NI Level 2 Award in Business Administration Skills	2	30	£96	£40	£39
City & Guilds Level 1 Award in Manual Book Keeping and Accounts	2	15	£48	£30	£35
City & Guilds Level 2 Manual Bookkeeping and Accounts	2	15	£48	£30	£40



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## Strabane Community Unemployed Group (SCUG) - Digital Hub

Unit 8, Upper Main Street, Strabane, BT82 8AR

Contact / Phone: Tim Jenkins, (028) 7138 3927

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
OCN Level 2 Award in Social Media	2	8	£30	£30	£29
OCN NI Level 1 Unit in Creative Writing	2	10	£32	£30	£36
OCN NI Level 2 Award in Further Study Skills	3	10	£48	£30	£33
OCN NI Level 2 Award in Digital Marketing	2	24	£77	£30	£39
OCN NI Level 2 Award in Information Technology Applications	2.5	32	£128	£50	£50

## Strabane Ethnic Community Association

2 Abercorn Square, Strabane, BT82 8AN

Contact / Phone: Kamini Rao, (028) 7188 6419

Subject	Hours	Weeks	Tuition Fee	Reduced Fee	Exam Fee
City & Guilds Level 2 Award in Food Safety in Catering	2	6	£30	£30	£14
OCN Level 2 Award in Volunteering Skills	2	7	£30	£30	£29
Safecert Level 2 Award in Health and Safety at Work	2	4	£30	£30	£11
OCN Level 2 Award in Understanding Protection and Safeguarding	3	8	£39	£30	£29



# What Next?



## Progression Opportunities

If you have gained skills and confidence by taking one of our community courses, we would be keen to support and facilitate further learning. The table below shows a range of possible progression routes.

### Department of Business and Professional Services

Community Course	Progression Opportunities
City & Guilds Level 1 Award in Bookkeeping and Accounts	<ul style="list-style-type: none"> <li>City &amp; Guilds Level 2 Award in Bookkeeping and Accounts</li> </ul>
City & Guilds Level 1 Computerised Accounts Using Sage	<ul style="list-style-type: none"> <li>City &amp; Guilds Level 2 Computerised Accounts Using Sage</li> </ul>
City & Guilds Level 2 Computerised Accounts Using Sage	<ul style="list-style-type: none"> <li>City &amp; Guilds Level 3 Computerised Accounts Using Sage</li> </ul>
OCN Level 1 Unit in Creative Writing	<ul style="list-style-type: none"> <li>OCN Level 2 Unit in Creative Writing</li> </ul>
City & Guilds Level 2 Award in Food Safety and Catering	<ul style="list-style-type: none"> <li>City &amp; Guilds Level 3 Supervising Food Safety in Catering</li> </ul>
Highfield Level 2 Award in Food Allergen Awareness and Control in Catering	<ul style="list-style-type: none"> <li>Highfield Level 3 Award in Food Allergen Management in Catering</li> </ul>
OCN Level 2 Award in Volunteering Skills	<ul style="list-style-type: none"> <li>Pre Access or Access Combined Studies</li> </ul>
City & Guilds Level 1 Award in Styling, Plaiting and Twisting Hair	<ul style="list-style-type: none"> <li>Level 1 or Level 2 Diploma in Hairdressing</li> </ul>
City & Guilds Level 2 Award in Make-up	<ul style="list-style-type: none"> <li>Level 2 Diploma in Beauty Therapy</li> </ul>
Introduction to Nail Art and Make-up	<ul style="list-style-type: none"> <li>Level 2 Diploma in Beauty Therapy</li> </ul>

### Department of Technology and Creative Industries

Community Course	Progression Opportunities
Level 1 Essential Skills Literacy	<ul style="list-style-type: none"> <li>Level 2 Essential Skills Literacy</li> </ul>
Level 2 Essential Skills Literacy	<ul style="list-style-type: none"> <li>GCSE English Language</li> </ul>
Level 1 Essential Skills Numeracy	<ul style="list-style-type: none"> <li>Level 2 Essential Skills Numeracy</li> </ul>
Level 2 Essential Skills Numeracy	<ul style="list-style-type: none"> <li>GCSE Mathematics</li> </ul>
City & Guilds START IT (Information Technology)	<ul style="list-style-type: none"> <li>Essential Skills ICT (Level 1)</li> </ul>
Essential Skills ICT (Level 1)	<ul style="list-style-type: none"> <li>Essential Skills ICT (Level 2)</li> </ul>
OCN NI Level 2 in Digital Photography	<ul style="list-style-type: none"> <li>OCN NI Level 3 in Photography</li> </ul>



## Department of Health, Sport and Science

Community Course	Progression Opportunities
Emergency First Aid at Work and Defibrillation Training	<ul style="list-style-type: none"> <li>Level 2 Diploma in Health and Social Care</li> </ul>
Level 2 Introduction to Autism Spectrum Conditions	<ul style="list-style-type: none"> <li>Level 2 Award in Supporting Individuals with Learning Disabilities</li> </ul>
OCN Level 1 Award in Dementia Awareness	<ul style="list-style-type: none"> <li>OCN Level 2 Award in Dementia Awareness</li> </ul>
CPCAB Level 2 Award in Introduction to Counselling Skills	<ul style="list-style-type: none"> <li>CPCAB Level 2 Certificate in Counselling Skills</li> </ul>
Introduction to British Sign Language	<ul style="list-style-type: none"> <li>British Sign Language (Level 1)</li> </ul>
British Sign Language (Level 1)	<ul style="list-style-type: none"> <li>British Sign Language (Level 2)</li> </ul>
British Sign Language (Level 2)	<ul style="list-style-type: none"> <li>British Sign Language (Level 3)</li> </ul>

## Department of Training and Skills

Community Course	Progression Opportunities
OCN Level 3 Award in Working with Children and Young People with Special Needs	<ul style="list-style-type: none"> <li>Level 3 Diploma in Children's Care, Learning and Development</li> <li>Level 3 Diploma in Playwork</li> </ul>
OCN Level 2 Award in Outdoor Play for Early Years Practitioners	<ul style="list-style-type: none"> <li>OCN Level 3 Diploma in Playwork</li> </ul>
OCN Level 2 Award in Introduction to Mindfulness and Reducing Anxiety in Children	<ul style="list-style-type: none"> <li>OCN Level 3 Award in Introduction to Mindfulness and Reducing Anxiety in Children</li> </ul>
OCN Level 2 Award in Challenging Behaviour in Children	<ul style="list-style-type: none"> <li>Level 2 Diploma in Children's Care, Learning and Development</li> </ul>
OCN Level 1 Award in Infant Mental Health	<ul style="list-style-type: none"> <li>OCN Level 2 Award in Understanding Infant Mental Health and its impact on Development in Children</li> </ul>
City & Guilds Level 1 Award in Practical Horticulture Skills	<ul style="list-style-type: none"> <li>City &amp; Guilds Level 2 Certificate in Practical Horticulture Skills</li> </ul>



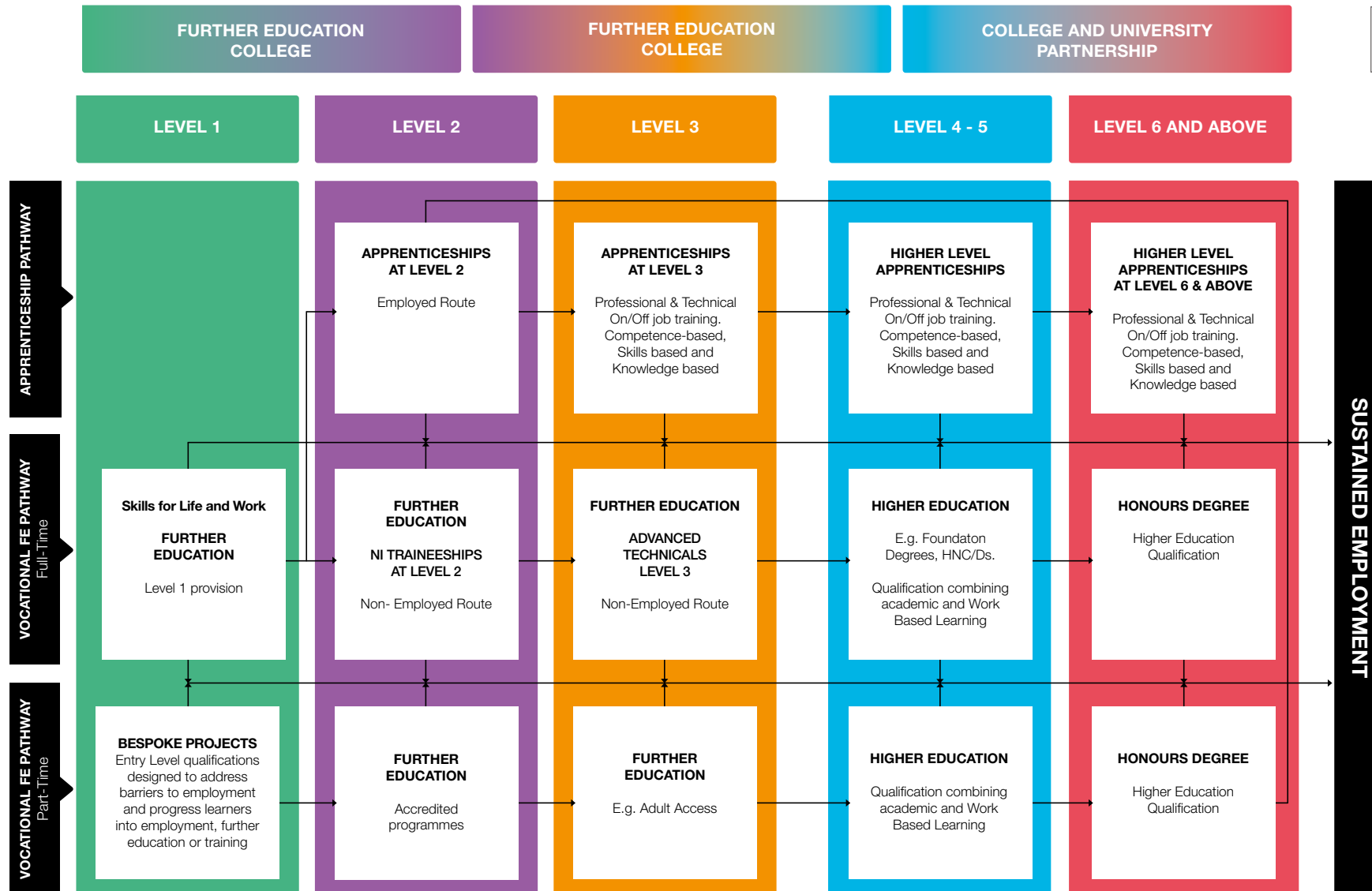
99%  
of students would  
recommend  
NWRC to a friend\*





# NWRC Curriculum & Progression Pathway

View the Progression Pathway chart below to help you navigate the different levels of education you can progress onto, and which qualifications are within each pathway.



# Your Notes



Handwriting practice lines consisting of 20 horizontal dashed lines.









# We love being Social

Follow us on social media to stay up to date with the latest events, competitions, news and what our students get up to.

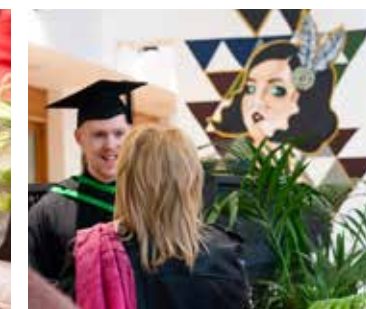
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# Contact us

## Curriculum Manager for Business and Community Education

Catriona Sweeney

Tel (028) 7127 6140 / Mob 075 2738 9282

## Derry-Londonderry courses

**Cityside:** John Hueston, (028) 7127 6146

**Waterside:** Clair Barton, (028) 7127 6505

## Limavady courses

Diane Nicholl, (028) 7127 8760

## Strabane courses

Clare McCrossan, (028) 7127 8831

## Careers Advice and Guidance

Email: [careers@nwrc.ac.uk](mailto:careers@nwrc.ac.uk)

Web: [nwrc.ac.uk/careers](http://nwrc.ac.uk/careers)

## Follow us on social media

Search '**NWRC Community Education**' on Facebook.



**Get in touch**  
[info@nwrc.ac.uk](mailto:info@nwrc.ac.uk)



**Visit us online**  
[nwrc.ac.uk/contact](http://nwrc.ac.uk/contact)



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Any subsequent changes will be published online. Please refer to [www.nwrc.ac.uk](http://www.nwrc.ac.uk) for the latest information before you apply.

The College will make every effort to deliver in accordance with the descriptions set out in this course guide. However, the College is dependent upon public funds which have to be managed in a way which is efficient. The College therefore reserves the right to make variations to the content or methods of delivery of assessment of courses, to discontinue courses or to merge or combine courses, if such action is reasonably considered to be necessary in the context of its wider purpose. If the College discontinues any course, we will use reasonable endeavours to provide a suitable alternative.

In the event of a pandemic, the College may have to implement restrictions in respect of your study or effect a temporary College closure. Please be assured, in such instances NWRC will follow government advice and will make appropriate reasonable adjustments to maintain the ongoing quality of teaching and support for all of our students. In line with the Consumer Rights Act 2015, you will be notified of any such changes, the reasons for the changes and any options available to you to avoid such changes having an adverse impact on your future career and financial prospects.

## ACKNOWLEDGEMENTS

This course guide was designed, edited and produced by the NWRC Marketing and PR team.

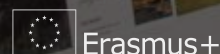
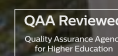
We would like to thank all students and staff who helped with the production, especially those students who supplied testimonials and agreed to be profiled.

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